



## ‘Inspire to Achieve’ Impact

PROVISION	IMPACT	MEASURED BY	EVIDENCE	FACTORS CRITICAL TO EFFECTIVE IMPACT
<p><b>START ACTIVE CLUBS</b></p> <ul style="list-style-type: none"> <li>• Opportunities for children who are unable to attend after school physical activity clubs.</li> <li>• Appeal to pupils who wish to be physically active as opposed to wanting to compete and play sport.</li> <li>• Provide a range of fun and innovative physical activity games and ideas for children.</li> </ul>	Increased participation	Number of pupils attending over time	Registers & school portal	<ul style="list-style-type: none"> <li>- The design and delivery of activities focus on pupil fun, success and engagement rather than pressure ‘to be the best.’</li> <li>- Target pupils who may otherwise not participate in club based physical activity.</li> <li>- Provide access to a range of cognitive and non-vigorous activities.</li> <li>- Focus on children being mentally alert and ready for the start of the school day rather than being hot and sweaty after sporting activities.</li> </ul>
	Increased range of activities	Difference between range of activities delivered now compared to pre funding	School portal & SLA	
	Improved pupil attitude towards PE, Physical Activity	Shift in pupils’ attitude towards PE and physical activity	Pupil feedback sheets & register attendance	

### Premier Sport

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<p><b>STAY ACTIVE CLUBS</b></p> <ul style="list-style-type: none"> <li>• Opportunities for children who are unable to attend before or after school physical activity clubs.</li> <li>• Structured lunchtime multi skill clubs, engaging children during less structured time.</li> </ul>	Increased participation	Number of pupils attending over time	Registers & school portal	<ul style="list-style-type: none"> <li>- Offer is multi skills activities rather than sport specific, therefore appealing to a wider reach of children.</li> <li>- Provide children with an opportunity to compete with themselves and other children via physical activity games as opposed to sport specific.</li> <li>- Structured, fun games can help limit behaviour and safety issues at break and lunch times.</li> </ul>
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<p><b>PLAY ACTIVE CLUBS</b></p> <ul style="list-style-type: none"> <li>• Provide children with the opportunity to engage in physical activity sessions without any peer pressure related to winning or losing.</li> <li>• Pupils have access to a range of physical activity and skill based sessions without being sport specific or competition based.</li> </ul>	Increased participation	Number of pupils attending over time	Registers & school portal	<ul style="list-style-type: none"> <li>- Focus on participation in a fun, friendly environment, creating opportunities to a wider reach of children.</li> <li>- Relevant platform for engaging disengaged children to begin their journey of becoming more physically active.</li> <li>- A safe environment to increase self-esteem and confidence via physical activity.</li> </ul>
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<p><b>SPORT ACTIVE CLUBS</b></p> <ul style="list-style-type: none"> <li>Encourage fair play and teamwork whilst teaching children rules, skills and tactics of specific sports.</li> <li>Provide pathways for children to engage at community sport club level beyond the school day.</li> <li>Provide children with a taste of different sports from which they may develop a passion.</li> </ul>	Increased participation	Number of pupils attending over time	Registers & school portal	<ul style="list-style-type: none"> <li>A wide breadth of sports clubs for both gender and ages with a varied menu of opportunity.</li> <li>Specific sport extra curriculum club links with local sports clubs.</li> <li>Include local club partners in transition type club activities.</li> </ul>
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<p><b>CURRICULUM SUPPORT</b></p> <ul style="list-style-type: none"> <li>School led, collaborative partnership model.</li> <li>Reporting pupil progress and achievement each half term.</li> <li>Access to a structured framework and records on personalised school portal.</li> <li>Local and national quality assurance and on-going quality improvement strategy.</li> </ul>	Attainment	Difference in attainment results from start to end of the year	Pupil Assessments on school portal	<ul style="list-style-type: none"> <li>Physical education learning outcomes used in framework to focus planning, session delivery and assessment to ensure relevance and progress over time – assuring coherence and consistency.</li> <li>Report and discuss progress and achievement to class teachers, school leaders.</li> <li>Build a strong rapport with teaching staff, children and parents.</li> <li>Positive role models across the range of activities undertaken in the school.</li> <li>Lessons are inclusive, innovative and follow agreed high quality delivery principles.</li> <li>Undertake joint observations with a member or schools senior leadership team.</li> <li>Work collaboratively with teachers in school to incorporate cross-curricular links with themes and topics.</li> <li>Where relevant co deliver/support PE lessons with teaching staff to focus on teacher identified personal development and support needs.</li> </ul>
	Improved pupil attitude towards PE	Shift in pupils' attitude towards PE and physical activity	Pupil feedback sheets & register attendance	
	Increased range of activities	Difference between range of activities delivered now compared to pre funding	School portal & SLA	
	Improved teacher confidence toward PE & sport	Difference between teacher confidence levels at start and end of the programme	Pre & post questionnaire results	

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<p><b>INSPIRE TO COMPETE</b></p> <ul style="list-style-type: none"> <li>Helps select and prepare teams for inter school competitions.</li> <li>Encourages links with local community clubs to create pathways and smooth transition for children.</li> </ul>	Increased no. pupils engaged in competition	Difference between attendance figures at the start and end of the programme	Registers and report.	<ul style="list-style-type: none"> <li>Liaise with local school games organisers and school PE subject leaders, helping select and prepare teams for inter school competitions.</li> <li>Facilitate intra school tournaments and 'Personal best' challenges throughout the year.</li> </ul>
	Improved pupil attitude towards PE & sport	Shift in pupils' attitude towards PE and physical activity	Pupil feedback sheets & register attendance	<ul style="list-style-type: none"> <li>Engage and empower children by giving additional responsibilities such as leaders, journalists and match-officials.</li> <li>Prepare children for competition by introducing rules &amp; skill familiarisation sessions prior to the event.</li> <li>Provide a positive environment for children to 'learn to succeed' and 'feel success'.</li> </ul>

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<p><b>TARGET GROUPS</b></p> <ul style="list-style-type: none"> <li>Sessions / lessons aimed at targeted groups to focus on specific areas of development.</li> <li>Focus on improving pupils attitude towards physical activity.</li> </ul>	Increased participation	Number of pupils attending over time	Registers & long term plan	<ul style="list-style-type: none"> <li>Target specific groups such as Gifted and Talented, Special Education Needs, Behavioural needs, Girls only, Fitness groups etc.</li> <li>Provide these groups with a wider range of activities, targeted at specific needs.</li> <li>Set relevant but challenging activity involving pupils in their own development.</li> <li>Focus on supporting the growth of pupil's self esteem and confidence – creating a 'can do' culture.</li> </ul>
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<p><b>HOLIDAY CLUBS</b></p> <ul style="list-style-type: none"> <li>Inclusive, fun, innovative multi-sport and physical activity days for children aged 5 – 11 years old.</li> </ul>	Increased participation	Number of pupils attending over time	Registers & school portal	<ul style="list-style-type: none"> <li>A varied menu of fun physical activity and sport opportunities for children to try.</li> <li>Parents have all relevant information and are clear about the programme offer and expectations for their children.</li> <li>Opportunity to interact socially with peers, practicing a range of social and personal skills as well as being physically active.</li> <li>A well structured and innovative programme of activities where children are physically active throughout the day whilst socially interacting with peers.</li> <li>Clear structure to each day to ensure clarity of daily routines, rules, and commitment needed by children, staff and parents.</li> </ul>
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<p><b>GOLDEN MILE</b></p> <ul style="list-style-type: none"> <li>The Golden Mile aims to inspire and encourage school communities through physical activity with the focus on fun, rewarding personal achievement, pupil leadership and competition.</li> <li>It involves pupils in inclusive, simple, measurable health &amp; physical activity programme, accessible to all age groups.</li> <li>Pupils can compete against themselves or can simply walk with their friends at their own pace.</li> </ul>	Increased participation	Number of pupils uploading activity	Golden Mile web portal	<ul style="list-style-type: none"> <li>Pupils can take part before, during and after schools and are free to complete Golden Mile laps in their own time at their own pace.</li> <li>Supported by an online system that is accessed by the school to record all data.</li> <li>Every pupil takes part regardless of sporting ability.</li> </ul>
	Improved pupil attitude towards PE, Physical Activity	%age of pupils achieving milestone awards	Golden Mile web portal	

**Other areas of impact which can be supported, but impact must be measured by school, are:**

- Improved behaviour / reduced number of incidents
- Attendance
- Attitude towards learning in class
- Improved social skills

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