

FREE Bikeability Cycling Courses Easter Holiday 2018

EASTER
HOLIDAY 2018



Croydon Arena **Book online at**
<http://bit.ly/eastercycle18>

Download info pack
<http://bit.ly/2mWXJJP>

More details about Bikeability
<https://bikeability.org.uk/>



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www.cyclinginstructor.com



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Transport
for London

CROYDON
www.croydon.gov.uk

Bikeability

FREE Easter Holiday Cycling Courses

Cycle to school with confidence! These courses are designed to give trainees the skills needed to make a journey to and from school on quiet roads.

BEGINNERS: 75 minute course

School Year 2 and above, off road only

Level 1: Half day course

School Year 3 & 4, Age 7 and above, off road only

Level 2: Two day course

School Year 5, Age 9 and above

Level 3: One day course

School Year 5, Age 9 and above, if L2 is completed

Bicycles are available to borrow for Age 9 and above. Helmets and Hi Viz are supplied.

CROYDON ARENA Albert Road SE25 4QL

BEGINNERS: 12 April 9.30am–10.45am

BEGINNERS: 12 April 11am–12.15pm

BEGINNERS: 12 April 12.45pm–2pm

Level 1: 11 April 9.30am–11.30am

Level 1: 11 April 12pm–2pm

Level 1 & Level 2 combined: 4 & 5 April 9.30am–2pm

Level 3: 6 April 9.30am–2pm

- All trainees must have a signed and completed consent form
- Trainees must have a roadworthy bicycle
- Helmets must be worn
- Level 2 & 3 trainees leave the venue and go on road with the instructors
- All instructors are DBS checked
- Bikeability Certificates and Badges are awarded to trainees on completion