

THE MINSTER NURSERY AND INFANT SCHOOL

SUMMER MENU 2019

Week One 22/4, 13/5, 10/6, 1/7	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or Fish Option	Garlic and Paprika Beef	Chicken Tikka	Roast Gammon	Beef Lasagne	Fish Fingers
Vegetarian Option	Quorn & Vegetable Pie	Baked Bean Goulash	Red Onion & Rosemary Sausage	Quorn Pasta Bake	Red Lentil & Cheese Enchiladas
Jacket Potato	Grated Cheese	Tuna & Sweetcorn	Baked Beans	Salmon & Tomato	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw
Vegetables	Carrots Sweetcorn	Cauliflower Peas	Broccoli Carrots	Green Beans Mixed Veg	Peas Baked Beans
Carbohydrate	Herby Diced Potatoes	Mixed Rice	Roast Potatoes	Homemade Garlic Bread	Chips
Sweet Choice 1	Summer Fruit Strawberry Jelly and Ice-Cream	Chocolate Cake and Chocolate Sauce	Fruit Meringues	Apple Crumble and Custard	Chocolate Cookie Ice-cream
Sweet Choice 2	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt

Please note that all meals are served with Wholemeal bread and Salad.

THE MINSTER NURSERY AND INFANT SCHOOL

Week Two 29/4, 20/5, 17/6, 8/7	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or Fish Option	Cheesy Beef Goulash	Baked Country Chicken	Roast Turkey & Stuffing	Chicken & Broccoli Bake	Beef Burger
Vegetarian Option	Quorn Pasta	Matar Paneer	Cheese & Onion Quiche	Pasta Neapolitan	Veggie Burger
Jacket Potato	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw
Vegetables	Carrots Peas	Broccoli Sweetcorn	Mixed Veg Brussel Sprouts	Cauliflower Green Beans	Peas Baked Beans
Carbohydrate	Mixed Pasta	Mixed Rice	Roast Potatoes	Homemade Garlic Bread	Chips
Sweet Choice 1	Chocolate Milkshake & Cookie	Banana Cake and Custard	Raspberry Iced Smoothie	Black Forest Brownie Bites	Fruit Flapjack
Sweet Choice 2	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt

Please note that all meals are served with Wholemeal bread and Salad.

THE MINSTER NURSERY AND INFANT SCHOOL

Week Three 06/5, 03/6, 24/6, 15/7	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or Fish Option	Chicken Mozzarella Bake	Lamb Tortillas	Roast Chicken	Cottage Pie	Homemade Pizza
Vegetarian Option	Cauliflower Curry	Turkish Flatbread	Quorn Fillet	Bean & Tomato Stew	Veggie Sausage
Jacket Potato	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw	Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw
Vegetables	Green Beans carrots	Peas Cauliflower	Carrots Cabbage	Sweetcorn Broccoli	Baked Beans Peas
Carbohydrate	Mixed Rice	Potato Wedges	Roast Potatoes	Mashed Potato	Chips
Sweet Choice 1	Chocolate & Raspberry Cake and Chocolate Sauce	Orange & Mango Ice Smoothie	Chocolate Cracknell	Sticky Ginger Cake and Custard	Fruit Lolly
Sweet Choice 2	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurt	Cheese & Biscuits Fresh Fruit & Yoghurts

Please note that all meals are served with Wholemeal bread and Salad.