

Characteristics of PSHE

I could be a...

Teacher

Care worker

Therapist

Counsellor

Politician

Parent

Entrepreneur

Social worker

Police officer

Life coach

Yoga instructor

Anything!

Empathy

The ability to make others happy.

Caring

The ability to be reliable and trustworthy.

Communication

The ability to listen and respond respectfully.

Positivity

The ability to find the good in myself and others.

Caring

Patience

The ability to overcome challenges.

Active Listening

The ability to listen to others effectively.

Resilience

