

# THE MINSTER NURSERY & INFANT SCHOOL

Please note that all meals are served with Wholemeal bread and Salad.

## AUTUMN MENU 2024

<b>Week One: 2/9, 23/9, 14/10, 11/11, 2/12</b>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Meat or Fish Option</b>	Chicken Meatballs in Tomato Sauce	BBQ Chicken Drumsticks	Roast Chicken & Stuffing	Beef Curry	Cod in Batter
<b>Vegetarian Option</b>	Vegan Meatballs in Tomato Sauce	Vegetable Jollof	Quorn Fillet	Matar Paneer	Mexican Bean Wrap
<b>Jacket Potato</b>	Baked Beans	Tuna Mayo	Grated Cheese	Salmon & Tomato	Grated Cheese
<b>Vegetables</b>	Mixed Veg	Cauliflower	Broccoli	Carrots	Peas
<b>Carbohydrate</b>	Jacket Potato	Jacket Potato	Roast Potatoes	Mixed Rice	Chips
<b>Sweet Choice 1</b>	Peach Crumble with Custard	Carrot Cake	Summer Fruit Strawberry Jelly	Black Forest Brownie Bites	Strawberry iced Smoothie
<b>Sweet Choice 2</b>	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit

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## AUTUMN MENU 2024

<b>Week Two: 9/9, 30/9, 28/10, 18/11, 9/12</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Meat or Fish Option</b>	Sweet Potato & Turley Tray Bake	Chicken with Turmeric Rice	Roast Beef & Yorkshire Pudding	BBQ Chicken Fajitas	Homemade Pizza
<b>Vegetarian Option</b>	Spinach & Ricotta Pasta	Thai Quorn Curry	Quorn Fillet	Vegetable Quiche	Vegetarian Sausage
<b>Jacket Potato</b>	Baked Beans	Tuna & Sweetcorn Mayo	Grated Cheese	Baked Beans	Grated Cheese
<b>Vegetables</b>	Broccoli	Mixed Veg	Carrots	Sweetcorn	Baked Beans
<b>Carbohydrate</b>	Mixed Pasta	Mixed Rice	Roast Potatoes	Potato Wedges	Chips
<b>Sweet Choice 1</b>	Fruity Chocolate Traybake	Banana Flapjack	Cherry Shortbread	Jam Sponge with Custard	Fruit Jelly & ice Cream
<b>Sweet Choice 2</b>	Cheese , Biscuits Yoghurt, Fresh Fruit	Cheese, Biscuits Yoghurt, Fresh Fruit	Cheese, Biscuits Yoghurt, Fresh Fruit	Cheese, Biscuits Yoghurt, Fresh Fruit	Cheese, Biscuits Yoghurt, Fresh Fruit

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## AUTUMN MENU 2024

Week Three: 16/9, ,7/10, 4/11, 25/11, 16/12	Monday	Tuesday	Wednesday	Thursday	Friday
Meat or Fish Option	Beef Chilli Tacos	Beef Stew	Roast Turkey	Beef Bolognese	Chicken Burger
Vegetarian Option	Big Beans Chilli	Autumn Vegetable Stew	Quorn Fillet	Tomato & Halloumi Bake	Crispy Chick Pea Burger
Jacket Potato	Grated Cheese	Tuna Mayo	Grated Cheese	Baked Beans	Grated Cheese
Vegetables	Broccoli	Cauliflower	Carrots	Mixed Veg	Peas
Carbohydrate	Mixed Rice	Mashed Potato	Roast Potatoes	Mixed Pasta	Chips
Sweet Choice 1	Blackberry Sponge	Sticky Ginger Cake	Peaches & Ice Cream	Chocolate & Banana Cake	Arctic Roll
Sweet Choice 2	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit	Cheese & Biscuits Yoghurt, Fresh Fruit

**Please note that the Menu will be subject to short term changes due to supply issues.**